



American Heart Association®

Healthy Smiles, Healthy Hearts™

Oral+Heart **CONNECTION**

Blood Pressure Report



Delta Dental is proud to collaborate with the American Heart Association's Healthy Smiles, Healthy Hearts initiative.

Delta Dental is a registered trademark of Delta Dental Plans Association

Congratulations!

Your blood pressure is in the healthy range today.

Keep up your healthy habits!

Learn more at Heart.org/OralHealth



Your average blood pressure
on Date **was:** SYS mmHg/DIA mmHg

Your mouth and heart are connected.

More than one reading over 120/80 means it's time to see your doctor. Together, we help protect your smile, your heart, and your overall health.

Learn more at Heart.org/OralHealth

