



American Heart Association®

Healthy Smiles, Healthy Hearts™

Caring for your smile means caring for your heart.

At this office, we screen for blood pressure because we care for your overall health.

-  High blood pressure (BP) often has no symptoms.
-  It can increase risk for heart disease and stroke.
-  A quick BP check helps us protect your health.



Oral health is connected to heart health — what happens in your mouth can affect your heart.

Learn more at [Heart.org/OralHealth](https://www.heart.org/oralhealth)



Delta Dental is proud to collaborate with the American Heart Association's Healthy Smiles, Healthy Hearts initiative.

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