



## 2026 Heart Disease & Stroke Statistics Update Fact Sheet Older Adults & Cardiovascular Diseases in the United States

### Cardiovascular Disease (CVD) (ICD-10 I00 to I99)

- For the 60 to 79 years of age group between 2021 and 2023, the following had CVD (with hypertension in the CVD definition): 78.5% of males; 71.9% of females.
- For the 80+ years of age group between 2021 and 2023, the following had CVD (with hypertension in the definition): 77.5% of males; 87.1% of females.

### Coronary Heart Disease (CHD) (ICD-10 I20 to I25, includes Myocardial Infarction [MI] ICD-10 I21 to I22)

- For the 60 to 79 years of age group between 2021 and 2023, the following had CHD: 18.4% of males; 8.5% of females. 10.3% of males and 3.6% of females in this age group had a previous MI.
- For the 80+ years of age group between 2021 and 2023, the following had CHD: 32.5% of males; 20.6% of females. 18.4% of males and 9.0% of females in this age group had a previous MI.
- Based on data from 2005 to 2014, the average age of first MI was 65.6 years for males and 72.0 years for females.

### Stroke (ICD-10 I60 to I69)

- For the 60 to 79 years of age group between 2021 and 2023, the following had a previous stroke: 8.9% of males; 5.4% of females.
- For the 80+ years of age group between 2021 and 2023, the following had a previous stroke: 11.1% of males; 10.6% of females.
- From 2013 to 2023, crude stroke death rates increased among people 65 to 74 years of age (7.5%; from 74.2 to 79.8 per 100 000) and >85 years of age (18.2%; from 906.0 to 1070.5 per 100 000) and decreased among those 75 to 84 years of age (-5.2%; 268.9 to 254.9 per 100 000).

### Heart Failure (ICD-10 I50)

- According to data from 2021 to 2023, for the 60–79-years of age group, the following had heart failure: 8.5% of males; 4.6% of females.
- According to data from 2021 to 2023, for the 80-years of age and older group, the following had heart failure: 14.1% of males; 12.3% of females.

### High Blood Pressure (ICD-10 I10 to I15)

- For those 65 to 74 years of age between 2021 and 2023, the following had high blood pressure: 75.3% of males; 70.0% of females.
- For those 75+ years of age between 2021 and 2023, the following had high blood pressure: 69.6% of males; 81.8% of females.

Unless otherwise noted, statistics in this Fact Sheet pertain to the United States. Please refer to the complete Statistics Update for references and additional information for reported statistics.

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## Older US Adults & CVD - 2026 Statistics Fact Sheet

- According to 2021 to 2023 data, awareness, treatment, and control of hypertension were higher at older ages. Hypertension control was more prevalent in US adults  $\geq 60$  years of age with hypertension (30.9%) than in those 40 to 59 years of age (19.1%) and those 20 to 39 years of age (5.9%).

### Medical Procedures

- In 2022, 56.7% of the percutaneous coronary intervention procedures were performed on people  $\geq 65$  years of age.
- In 2024, 19.8% of heart transplant recipients were 65 years of age and older.

### Costs

- Total direct and indirect annual costs for CVD in 2021 to 2022 were \$182.5 billion for patients 65 years of age and older; 44% of total CVD costs.

Fact sheets, infographics, and current/past Statistics Update publications can be downloaded from:

[Heart and Stroke Association Statistics](#) | [American Heart Association](#).

Many statistics in this fact sheet come from unpublished tabulations compiled for the Statistics Update document and can be cited using the document citation listed below. The data sources used for the tabulations are listed in the full document. Additionally, some statistics come from published studies. If you are citing any of the statistics in this fact sheet, please review the full Heart Disease and Stroke Statistics document to determine data sources and original citations.

The American Heart Association requests that the full document be cited as follows:

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogunbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Uribut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; on behalf of the American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2026 Heart disease and stroke statistics: a report of US and global data from the American Heart Association. *Circulation*. Published online January 21, 2026.

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