



## 2026 Uqsuqsiñiq Añun & Uqsuqsiñiq Qanuqtuq Tautuktuaq Nutaaq Tautuktuat Silaulimni Pilugu Piqalariaqtuq

2024, 2025, suli 2026 Uqsuqsiñiq Qanuqtuq tamarmik 2021 Silaulimni Pilugu Piqalariaqtuq añuniağmi misiginaqtuğviup nalunaqtuğniñit imaqaqtut. Iłagiitчуat silaup iluani qanuqtuq tautuktuaq ataani (2025 suli 2026 Uqsuqsiñiq Qanuqtuq) tautuktuaq atautchimik nalunaqtuq 2024 Uqsuqsiñiq Qanuqtuq piqaqtuq pillatağniñit demography-miñ suli inuinnaqtut añilğugmiut nalunaqtuğniñit, istatitikall suli jiyouspeishal moodilij miithat, suli ilaliutirutinik taimaa 3000-nik nutaanik nalunaqtuğniñit pissusiq taimaa ukiuqtaq-miñ 2024 American Heart Association Qanuqtuq Tautuktuaq Nutaaq saqqummiqtuq.

Tamakku nalunaqtuğniñit tautuktitaujut una tautuktuaq-mi silaup iluani nalunaqtuğniñit tautuktitaujut.

### Uqsruqsiñiq añun timimi (CVD)

- 2021-mi, taimaa 19.41 miliyan silaup iluani tuquñniit CVD-mut atchiaqtuq. CVD-mut atchiaqtuq ukiuqtağruktaq-silaulimni silaup iluani tuquñniit qanuqtağniña 235.18 atautchimut 100 000-uq. Silaup iluani CVD piqaqtuğniña 612.06 miliyan-uq. CVD-mut atchiaqtuq ukiuqtağruktaq piqaqtuğniña qanuqtağniña 7178.73 atautchimut 100 000-uq.
- 2021-mi CVD-mut atchiaqtuq tuquñniit qanuqtağniña añilğugmiut Qitiqtaq Eeshiya suli Yuuruup kangiqliqtaq, suli añilğugmiut tautuktitaujut Osiiniya, Aafirikaa tağiuq suli Midl list, suli Qitiqtaq Aafirikaa Saahara-mik ataani. Qanuqtağniña ataaniğñaqtuq anjiruq akiqaqtuq Eeshiya–Pasifik suli Ostraaleeshiya.

### Uqsruqsiñiq añun koronerii (CHD)

- Silaup iluani, nalunaqtuq 2021-mi, 254.28 miliyan iñuñnik uqsruq silatağniña tuniğnaqtuq Uqsruqsiñiq añun (IHD)-mik inuqaqtut, suli angutinut añilğugmiut piqaqtuq arnaniñ (145.31 suli 108.97 miliyan iñuñnik, atuqtillugit). Ukiuqtağruktaq piqaqtuğniña qanuqtağniña 2946.38 atautchimut 100 000-uq (3610.24 atautchimut 100 000 angutinut; 2357.61 atautchimut 100 000 arnanut).
- 2021-mi, Aafirikaa tağiuq suli Midl list IHD piqaqtuğniña qanuqtağniña añilğugmiut añilğugmiñ piqağniñit ataani, kingunira Yuuruup kangiqliqtaq suli Ataani suli Qitiqtaq Eeshiya.
- Nalunaqtuq taimaa 8.99 miliyan tamarmiq tuquñniit IHD-mut atchiaqtuq silaup iluani 2021-mi, suli angutinut tuquñniit añilğugmiut arnaniñ (5.00 miliyan suli 3.99 miliyan, atuqtillugit). 2021-mi, silaup iluani IHD ukiuqtağruktaq tuquñniit qanuqtağniña 108.73 atautchimut 100 000-uq (136.84 atautchimut 100 000-miñ angutinut; 85.32 atautchimut 100 000 arnanut).
- IHD tuquñniit qanuqtağniña añilğugmiut Qitiqtaq Eeshiya, Yuuruup kangiqliqtaq, suli Aafirikaa tağiuq suli Midl list. Tuquñniit ataaniğñaqtuq anjiruq akiqaqtuq Eeshiya–Pasifik.

### Uqsruqsiñiq

- Silaup iluani uqsruqsiñiq piqaqtuğniña 2021-mi 93.82 miliyan iñuñnik piqaqtuq, taimaa uqsruq silatağniña tuniğnaqtuq uqsruqsiñiq piqaqtuğniña 69.94 miliyan-uq, intracerebral hemorrhage piqaqtuğniña 16.60 miliyan-uq, suli subarachnoid hemorrhage piqaqtuğniña 7.85 miliyan-uq. Silaup iluani ukiuqtağruktaq piqaqtuğniña qanuqtağniña 2021-mi 1099.31 atautchimut 100 000 uqsruqsiñiq, 819.47 atautchimut 100 000 uqsruq silatağniña tuniğnaqtuq uqsruqsiñiq, 194.51 atautchimut 100 000 intracerebral hemorrhage-mut, suli 92.17 subarachnoid hemorrhage-mut.

- Tamarmiqa, 2021-mi, ukiuqtagruktaq uqsruqsiñiq piqaqtuḡniḡa qanuqtagniḡa anilḡuḡmiut Aafirikaa Saahara-mik ataani suli Kangiqliq, Kangiqliq-ataani, suli Qitiqtaq Eeshiya. Qanuqtagniḡa ataanigñaqtuq Ostraaleeshiya.
  - Ukiuqtagruktaq uqsruq silataḡniḡa tunignaqtuq uqsruqsiñiq piqaqtuḡniḡa anilḡuḡmiut ataani Aafirikaa Saahara-mik ataani, kingunira avaginnaqtaq Aafirikaa Saahara-mik ataani suli Kangiqliq suli Qitiqtaq Eeshiya.
  - Ukiuqtagruktaq intracerebral hemorrhage piqaqtuḡniḡa anilḡuḡmiut avaginnaqtaq Aafirikaa Saahara-mik ataani, Kangiqliq-ataaniEeshiya, Osiiniya, suli anjiruq akiqaqtuq Eeshiya–Pasifik.
  - Ukiuqtagruktaq subarachnoid hemorrhage piqaqtuḡniḡa anilḡuḡmiut anjiruq akiqaqtuq Eeshiya–Pasifik suli Andiiian Laatiin Amerikaa.
- 2021-mi, 7.25 miliyan tuquḡniit uqsruqsiñiq atchiaqtuq silaup iluani. Silaup iluani, tamarmiq 3.59 miliyan iñuḡnik uqsruq silataḡniḡa tunignaqtuq uqsruqsiñiq tuquḡniit, 3.31 miliyan iñuḡnik intracerebral hemorrhage-miñ tuquḡniit, suli 0.35 miliyan iñuḡnik subarachnoid hemorrhage-miñ tuquḡniit.
- 2021-mi, silaup iluani ukiuqtagruktaq tuquḡniit qanuqtagniḡa 87.45 atautchimut 100 000 tamarmiq uqsruqsiñiq, 44.18 atautchimut 100 000 uqsruq silataḡniḡa tunignaqtuq uqsruqsiñiq, 39.09 atautchimut 100 000 intracerebral hemorrhage-mut, suli 4.18 atautchimut 100 000 subarachnoid hemorrhage-mut.
- 2021-mi, ukiuqtagruktaq tuquḡniit uqsruqsiñiq atchiaqtuq anilḡuḡmiut Osiiniya suli Kangiqliq-ataaniEeshiya. Qanuqtagniḡa ataanigñaqtuq Ostraaleeshiya suli Yuuruup avaginnaqtaq.
  - Ukiuqtagruktaq tuquḡniit uqsruq silataḡniḡa tunignaqtuq uqsruqsiñiq atchiaqtuq anilḡuḡmiut Yuuruup kangiqliqtaq, kingunira Aafirikaa taḡiuq suli Midl list suli Qitiqtaq Eeshiya. Tuquḡniit ataanigñaqtuq Ostraaleeshiya.
  - Ukiuqtagruktaq intracerebral hemorrhage tuquḡniit anilḡuḡmiut Osiiniya, kingunira Kangiqliq-ataani suli Kangiqliq Eeshiya suli qitiqtaq suli kangiqliqtaq Aafirikaa Saahara-mik.
  - Ukiuqtagruktaq tuquḡniit nalunaqtuq subarachnoid hemorrhage-mut anilḡuḡmiut Osiiniya, kingunira Kangiqliq-ataani Eeshiya suli Andiiian Laatiin Amerikaa.

### Anjiruq Anun Uqsruq

- Anjiruq sistalik anun uqsruq atchiaqtuq 10.85 miliyan silaup iluani tuquḡniit 2021-mi. Silaup iluani ukiuqtagruktaq tuquḡniit qanuqtagniḡa anjiruq anun uqsruq atchiaqtuq 131.10 atautchimut 100 000-uq.
- Ukiuqtagruktaq tuquḡniit qanuqtagniḡa anjiruq sistalik anun uqsruq atchiaqtuq anilḡuḡmiut Eeshiya qitiqtaq, kingunira Yuuruup kangiqliqtaq, Qitiqtaq Aafirikaa Saahara-mik ataani, suli Aafirikaa taḡiuq suli Midl list.
- 2019-mi, anjiruq anun uqsruq 1 mit 5 anilḡuḡmiut navianaaq pissutigijat ilagivagaat anuniaq pisuktaqtaa (ukiuqtagruktaq inuuniḡnik tuquḡniit silataḡniḡit suli navianaaq makpiḡnaqtuq inuunermi ukiut naḡḡutai) tamarmiq silaup iluani ataani, Osiiniya suli kangiqliqtaq, qitiqtaq, suli avaginnaqtaq Aafirikaa Saahara-mik ataanik iluuaqtaq.

### Anjiruq Uqsruq Kolestaruul & Allat Uqsuḡnat

- 2021-mi, anjiruq uqsuḡnaq mikliq-qaffasruaq aḡnaq iluani kolestaruul silaup iluani tuquḡniit 3.65 miliyan-nik atchiaqtuq. Silaup iluani ukiuqtagruktaq tuquḡniit qanuqtagniḡa 2021-mi anjiruq uqsuḡnaq mikliq-qaffasruaq aḡnaq iluani kolestaruul-mut atchiaqtuq 43.67 atautchimut 100 000-uq.
- 2021-mi, ukiuqtagruktaq tuquḡniit qanuqtagniḡa anjiruq uqsuḡnaq mikliq-qaffasruaq aḡnaq iluani kolestaruul-mut atchiaqtuq anilḡuḡmiut Yuuruup kangiqliqtaq, kingunira Eeshiya qitiqtaq suli Aafirikaa taḡiuq suli Midl list.

### Tupiqsruq

- Tupiqsruq nalunaqtuq 7.25 miliyan silaup iluani tuqujniit 2021-mi (5.68 miliyan angutitut suli 1.57 miliyan arnanut). Silaup iluani ukiuqtagruktaq tuqujniit qanuqtagniya tupiqsruq-mut atchiaqtuq 2021-mi 85.66 atautchimut 100 000-uq.
- 2021 nalunaqtugniit atchiaqtugmiñ, Kangiqliq Eeshiya suli Osiiniya tupiqsruq-mut atchiaqtuq tuqujniit qanuqtagniya anilguumiut. Tuqujniit qanuqtagniya ataanigñaqtuq Andiaan Laatiin Amerikaa.
  - Silaulimni Pilugu Piqalariaqtuq anuniagmi misiginaqtugviup nalunaqtuq 2021-mi, sigaruksruq atautchiq malguk anilguumiut navianaaq ukiuqtagruktaq inuuniqnik tuqujniit silatagnijit-mut atchiaqtuq (anjiruq sistalik anjun uqsruq 1), suli sigaruksruq sisamanjat anilguumiut aarlugnaqtuq piqaqtuq ilagivagaat pilaitchuqtuq-sivulliuqtuq inuuniya ukiut. ukiuq silaup iluani.

### Pilaqatagniq timimi

- Atiiq pilaqatagniq timimi atchiaqtuq nalunaqtuq 0.66 miliyan silaup iluani tuqujniit 2021-mi. Silaup iluani ukiuqtagruktaq tuqujniit qanuqtagniya atiiq pilaqatagniq timimi-mut atchiaqtuq 2021-mi 7.99 atautchimut 100 000-uq.
- Tuqujniit qanuqtagniya atiiq pilaqatagniq timimi-mut atchiaqtuq ataani anilguumiut ataani Aafirikaa Saahara-mik ataani, Aafirikaa tagiuq suli Midl list, suli Osiiniya 2021-mi. Tuqujniit qanuqtagniya ataanigñaqtuq anjiruq akiqaqtuq Eeshiya—Pasifik suli ataani Laatiin Amerikaa.

### Anilguumiut anjiruq uqsruq & Uqsruqtuq

- Anjiruq timip anilguq nalunaqtuq atchiaqtuq 3.71 miliyan silaup iluani tuqujniit 2021-mi. Silaup iluani ukiuqtagruktaq tuqujniit qanuqtagniya anjiruq timip anilguq nalunaqtuq-mut atchiaqtuq 2021-mi 44.23 atautchimut 100 000-uq.
- 2021 nalunaqtugniit atchiaqtugmiñ, ukiuqtagruktaq tuqujniit qanuqtagniya anjiruq timip anilguq nalunaqtuq-mut atchiaqtuq ataanigñaqtuq anjiruq akiqaqtuq Eeshiya—Pasifik, suli anilguumiut ataani Aafirikaa Saahara-mik ataani, Aafirikaa tagiuq suli Midl list, suli Osiiniya.

### Sukkuqniq

- 2021 silaup iluani nalunaqtugniit atchiaqtugmiñ, 525.65 miliyan iñuqnik (270.84 miliyan angutitut suli 254.81 miliyan arnanut) sukkuqniq piqaqtut. Silaup iluani ukiuqtagruktaq piqaqtugniya qanuqtagniya sukkuqniq-mut 6123.59 atautchimut 100 000-uq.
- 2021-mi ataani anilguumiut, sukkuqniq piqaqtugniya nalunaqtuq anilguumiut Osiiniya, kingunira Aafirikaa tagiuq suli Midl list, Kaaribiiya, suli anjiruq akiqaqtuq Amerikaa tagiuq.
- 2021-mi, 1.66 miliyan silaup iluani sukkuqniq-mut tuqujniit piqaqtuq. Silaup iluani ukiuqtagruktaq tuqujniit qanuqtagniya sukkuqniq-mut atchiaqtuq 2021-mi 19.61 atautchimut 100 000-uq.
- Ukiuqtagruktaq tuqujniit qanuqtagniya sukkuqniq-mut atchiaqtuq anilguumiut Osiiniya, kingunira ataani Aafirikaa Saahara-mik ataani. Qanuqtagniit ataanigñaqtuq anjiruq akiqaqtuq Eeshiya—Pasifik.
- 2021-mi, 5.29 miliyan silaup iluani tuqujniit anjiruq niripkaqsifiiq plaasma sukkuq atchiaqtuq. Silaup iluani ukiuqtagruktaq tuqujniit qanuqtagniya anjiruq niripkaqsifiiq plaasma sukkuq atchiaqtuq 2021-mi 63.73 atautchimut 100 000-uq.
- Ukiuqtagruktaq tuqujniit qanuqtagniya anjiruq niripkaqsifiiq plaasma sukkuq atchiaqtuq 2021-mi anilguumiut Osiiniya, kingunira ataani suli Qitiqtaq Aafirikaa Saahara-mik ataani, suli Aafirikaa tagiuq suli Midl list.

Tautuktuat, nalunaqtuġnjinjt takuyauyait, suli nutaaq/ataani Qanuqtuq Tautuktuq Nutaaq saqqummersitaujut anjisuġniaqtuq tuġniaqtuq una-miñ:

[Heart and Stroke Association Statistics | American Heart Association](#) (Qarasaasiakkut nallautik Inglisun).

Ukiuqtaġruktaq tautuktuq iluani anjilġuġmiut qanuqtuq una tautuktuat naagguṭiqtuq saiġiqsuagñangitchut nalunaqtuġnjinjt Qanuqtuq Tautuktuq Nutaaq takkuuyaq katitiraujut, suli taqruaq tuġniaqtuq ataani allagaat taqruaq atuqtillugu. Katitiriagait-nik atuqtaujut nalunaqtuġnjinjt pissusiq naammaktuaq allagaat-mi allagaat. Ilaliutilugit, atautchikkut qanuqtuq saqqummersitaujut misiginaqtuġviit piqaqtut. Ilavit taqruaq tuġniaqtuq atautchikkut qanuqtuq una tautuktuat, qiviarlugu naammaktuaq Uqsuqsiñiq Anjun suli Uqsuqsiñiq Qanuqtuq Tautuktuq allagaat nalunaqtuġnjinjt pissusiq suli sivulliuqtuq taqruaq nalunaiqsagñiaqtuq.

The American Heart Association uqaqtuq naammaktuaq allagaat ataani imaatun taqruaq tuġniaqtuq:

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee-p ataani uqaqtillugu. 2026 Uqsuqsiñiq Anjun & Uqsruqsiñiq Qanuqtuq: US-mi suli silaup iluani nalunaqtuġnjinjt American Heart Association-miñ rapuutik. *Circulation*. Nallaktuami saqqummersitaujuq Jaanuari 21, 2026-mi.

Tusaqtitiriagait uqaqtigñinjt tamarmik News Media Relations-mut uqaqtillugit ataani <http://newsroom.heart.org/newsmedia/contacts> (Qarasaasiakkut nallautik Inglisun).