



**American  
Heart  
Association.**

## **2026 Uqsuqsiñiq Añun & Uqsruqsiñiq Qanuqtuq Tautuktuaq Nutaaq Tautuktuat American Indian iñuñiñ ima Alaska Nunamiut & Uummat taññaqtugviit añuniagat Yunaaitit Steets**

### **Uqsruqsiñiq añun timimi (CVD) (ICD-10 I00 miñ I99)**

- 2023-mi, CVD 4670-nik tuquñiit piqalirruq (ukiut nalunaqtuğniña tuquñiit qanuqtağniña 179.3 atautchimut 100 000) nangitchuq-Hispaanik iñuñiñ (NH) American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ. 2023-mi ukiut nalunaqtuğniña tuquñiit qanuqtağniña CVD-mut sivulliuqtuq tuquñiit piqaqtuq 218.3 atautchimut 100 000 tamarmiq US iñuñiñ.

### **Uqsruqsiñiq añun koronerii (CHD) (ICD-10 I20-miñ I25-mut [ilagivagaat Myocardial Infarction (MI) ICD-10 I21-miñ I22-mut])**

- CHD 1909-nik tuquñiit piqalirruq (ukiut nalunaqtuğniña tuquñiit qanuqtağniña, 72.5 atautchimut 100 000) sulii MI 534-nik tuquñiit piqalirruq (ukiut nalunaqtuğniña tuquñiit qanuqtağniña, 20.1 atautchimut 100 000) NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ. 2023-mi ukiut nalunaqtuğniña tuquñiit qanuqtağniñit CHD-mut sivulliuqtuq tuquñiit piqaqtuq 82.2 atautchimut 100 000 tamarmiq US iñuñiñ, sulii MI-mut sivulliuqtuq tuquñiit piqaqtuq 21.9 atautchimut 100 000 tamarmiq US iñuñiñ.

### **Uqsruqsiñiq (ICD-10 I60 miñ I69)**

- 2023-mi, 699 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ, tamarmiq ukiuqaqtut, uqsruqsiñiq-miñ tuquñiit.
- 2023-mi, ukiut nalunaqtuğniña tuquñiit qanuqtağniñit uqsruqsiñiq sivulliuqtuq tuquñiit piqaqtuq 39.0 atautchimut 100 000 tamarmiq US iñuñiñ sulii 27.2 atautchimut 100 000 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ.

### **Uqsruqsiñiq añun qanuqtuq atautchimik piqaqtuq (SCA) (ICD-10 I46.0, I46.1, I46.9, I49.0)**

- 2023-mi, 62 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ SCA sivulliuqtuq tuquñiit-miñ tuquñiit. Ukiut nalunaqtuğniña tuquñiit qanuqtağniñit SCA sivulliuqtuq tuquñiit piqaqtuq 4.3 atautchimut 100 000 tamarmiq US iñuñiñ sulii 2.3 atautchimut 100 000 American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ.
- 2023-mi, 2259 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ SCA nalunaqtaq atautchimik tuquñiit nalunaqtağniq allagaat tuquñiit. Ukiut nalunaqtuğniña nalunaqtaq atautchimik tuquñiit qanuqtağniñit SCA-mut piqaqtuq 90.2 atautchimut 100 000 tamarmiq US iñuñiñ sulii 85.7 atautchimut 100 000 American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ.

### **Uqsruqsiñiq añun piñaitchuqtuq (HF) (ICD-10 I50)**

- 2023-mi, 313 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ HF sivulliuqtuq tuquñiit-miñ tuquñiit. Ukiut nalunaqtuğniña tuquñiit qanuqtağniñit HF sivulliuqtuq tuquñiit piqaqtuq 21.6 atautchimut 100 000 tamarmiq US iñuñiñ sulii 12.4 atautchimut 100 000 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ.
- 2023-mi, 2186 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ HF nalunaqtaq atautchimik tuquñiit nalunaqtağniq allagaat tuquñiit. Ukiut nalunaqtuğniña nalunaqtaq atautchimik tuquñiit qanuqtağniñit HF-mut piqaqtuq 99.6 atautchimut 100 000 tamarmiq US iñuñiñ sulii 84.4 atautchimut 100 000 NH American Indian iñuñiñ ima Alaska Nunamiut iñuñiñ.

Allatigut nalunaiqsagñiqtağmiñ, tamarmiq qanuqtuq una Tautuktuat-mi Yunaaitit Steets atchiaqtuq. Naammaktuaq Qanuqtuq Tautuktuaq Nutaaq qiviarlugu taqrut sulii ilaliutirutinik nalunaiqsagñiaqtuq tautuktitaujut qanuqtuq piñiqtuanut.

©2026 American Heart Association, Inc. Tamarmik piñuatağniñit anjiruq. Atchuğnaqtuq aturuminaqtuq piñuatağniñit piñaitchuq.

### Anjiruq Anjun Uqsruq (HBP) (ICD-10 I10 miñ I15)

- 2023-mi, 845 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik (tamarmiq ukiuqaqtut) HBP tuquñniit.
- 2023-mi, ukiut nalunaqtuğniña tuquñniit qanuqtağniñit HBP sivulliuqtuq tuquñniit piqaqtuq 31.9 atautchimut 100 000 tamarmiq US iñuñniñ suli 32.6 atautchimut 100 000 American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.

### Aniļğugmiut anjiruq uqsruq & Uqsruqtuq

- 2021-miñ 2023-mut uqsruqtuq nalunaqtuğniñit 2026 Qanuqtuq Tautuktuaq Nutaaq ilagivagaat, kisiani nalunaqtuğniñit suli katitiriagait iñuñmiut atausiq suli iñuñmiut atausiq piļlatağniña piļaitchuqtuq saqqummersitaujuq uukturaq 2026 Qanuqtuq Tautuktuaq Nutaaq allagaa titirağmi.

### Sukkuqniq (ICD-10 E10 miñ E14)

- US-mi inuusuttut <20 ukiuqaqtut 2002-miñ 2018-mut nalunaqtuğniñit ataani, nalignaqtuq atautchiq 1 sukkuqniq piqaliriq qanuqtağniña (atautchimut 100 000) 7.8-uq American Indian iñuñniñ inuusuttut-mut, taimaa 9.4 Eeshiya iñuñniñ ima Pasifik Qikiqtaq-miut iñuñniñ inuusuttut-mut, 17.7 Hispanik iñuñniñ inuusuttut-mut, 22.1 Blak iñuñniñ inuusuttut-mut, suli 26.4 Uqłaq iñuñniñ inuusuttut-mut.
- US-mi inuusuttut <20 ukiuqaqtut 2002-miñ 2018-mut nalunaqtuğniñit ataani, nalignaqtuq malğuk 2 sukkuqniq piqaliriq qanuqtağniña (atautchimut 100 000) 46.0-uq American Indian iñuñniñ inuusuttut-mut, taimaa 16.6 Eeshiya iñuñniñ ima Pasifik Qikiqtaq-miut iñuñniñ inuusuttut-mut, 25.8 Hispanik iñuñniñ inuusuttut-mut, 50.1 Blak iñuñniñ inuusuttut-mut, suli 5.2 Uqłaq iñuñniñ inuusuttut-mut.
- 2023-mi, 1110 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik sukkuqniq-miñ tuquñniit.
- 2023-mi, 2023-mi ukiut nalunaqtuğniña tuquñniit qanuqtağniñit sukkuqniq sivulliuqtuq tuquñniit piqaqtuq 22.4 atautchimut 100 000 tamarmiq US iñuñniñ suli 41.5 atautchimut 100 000 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.

Tautuktuat, nalunaqtuğniñit takuyayait, suli nutaaq/ataani Qanuqtuq Tautuktuaq Nutaaq saqqummersitaujut anjisuğniaqtuq tuğniaqtuq una-miñ:

[Heart and Stroke Association Statistics | American Heart Association](#) (Qarasaasiakkut nallautik Inglisun).

Ukiuqtağruktuq tautuktuaq iluani anjilğugmiut qanuqtuq una tautuktuat naaggutiqtuq sailiqsuagnangitchut nalunaqtuğniñit Qanuqtuq Tautuktuaq Nutaaq takkuuyaq katitiraujut, suli taqruaq tuğniaqtuq ataani allagaat taqruaq atuqtillugu. Katitiriagait-nik atuqtaujut nalunaqtuğniñit pissusiq naammaktuaq allagaat-mi allagaat. Ilaliutilugit, atautchikkut qanuqtuq saqqummersitaujut misiginaqtuğviit piqaqtut. Ilavit taqruaq tuğniaqtuq atautchikkut qanuqtuq una tautuktuat, qiviarlugu naammaktuaq Uqsuqsiñiq Anjun & Uqsuqsiñiq Qanuqtuq Tautuktuaq allagaat nalunaqtuğniñit pissusiq suli sivulliuqtuq taqruaq nalunaiqsagñiaqtuq.

The American Heart Association uqaqtuq naammaktuaq allagaat ataani imaatun taqruaq tuğniaqtuq:

Palaniappan LP, Allen NB, Almarzoq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee-p ataani uqaqtillugu. 2026 Uqsuqsiñiq Anjun & Uqsuqsiñiq Qanuqtuq: US-mi suli silaup iluani nalunaqtuğniñit American Heart Association-miñ rapuutik. *Circulation*. Nallaktuami saqqummersitaujuq Jaanuari 21, 2026-mi.

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