



**American  
Heart  
Association.**

## **2026 Uumanek Ellangneq & Qemirluni ayuqellria Statistiks Nutaan Qalarutiiq Qanruyutet Qantaryaraq Amerikami Indianguaq aq Alaskami Yuuyarat cali Uumanek cali Auqat Ellangneq Amerikami**

### **Uumanek cali auqat Ellangneq (CVD) (ICD-10 I00 -mek I99)**

- 2023-mi, CVD-ngun 4670 tuquciqellriit picicqellriit (uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-a 179.3 100 000-llu iluani) Hispanik-gguurtellriit (NH) Amerikami Indianguaq cali Alaskami Yuuyarat iluani. 2023-mi, uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-a CVD-ngun amam tuqucineq picicqellria 218.3 100 000-llu iluani Amerikami inuit meen.

### **Coronary Uumanek Ellangneq (CHD) (ICD-10 I20-mek I25-mun [ilallria Myocardial Infarction (MI) ICD-10 I21-mek I22-mun])**

- CHD-ngun 1909 tuquciqellriit picicqellriit (uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-a, 72.5 100 000-llu iluani), cali MI-ngun 534 tuquciqellriit picicqellriit (uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-a, 20.1 100 000-llu iluani) NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit iluani. 2023-mi, uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-llit CHD-ngun amam tuqucineq picicqellria 82.2 100 000-llu iluani Amerikami inuit meen, cali MI-ngun amam tuqucineq picicqellria 21.9 100 000-llu iluani Amerikami inuit meen.

### **Qemirluni ayuqellria (ICD-10 I60 -mek I69)**

- 2023-mi, 699 NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit, uksuq-llit meen, qemirluni ayuqellria-ngun tuquciqellriit picicqellriit.
- 2023-mi, uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-llit qemirluni ayuqellria-ngun amam tuqucineq picicqellria 39.0 100 000-llu iluani Amerikami inuit meen, cali 27.2 100 000-llu iluani NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit iluani.

### **Uumanek tuqucineq qepcarluni (SCA) (ICD-10 I46.0, I46.1, I46.9, I49.0)**

- 2023-mi, 62 NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit SCA-ngun amam tuqucineq picicqellria tuquciqellriit picicqellriit. Uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-llit SCA-ngun amam tuqucineq picicqellria 4.3 100 000-llu iluani Amerikami inuit meen, cali 2.3 100 000-llu iluani Amerikami Indianguaq aq Alaskami Yuuyarat inuit iluani.
- 2023-mi, 2259 NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit SCA-mek cali ellangqellria tuquciqellriit picicqellriit tuquciqellriit aturllria sertifikatem iluani. Uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-llit SCA-mek cali ellangqellria 90.2 100 000-llu iluani Amerikami inuit meen, cali 85.7 100 000-llu iluani Amerikami Indianguaq aq Alaskami Yuuyarat inuit iluani.

### **Uumanek Ellangqerrria (HF) (ICD-10 I50)**

- 2023-mi, 313 NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit HF-ngun amam tuqucineq picicqellria tuquciqellriit picicqellriit Uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-llit HF-ngun amam tuqucineq 21.6 100 000-llu iluani Amerikami inuit meen, cali 12.4 100 000-llu iluani NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit iluani.
- 2023-mi, 2186 NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit HF-mek cali ellangqellria tuquciqellriit picicqellriit tuquciqellriit aturllria sertifikatem iluani. Uksuq iluani aturneqarluni aqqigicqellriit tuquciqellriit rate-llit HF-mek cali ellangqellria 99.6 100 000-llu iluani Amerikami inuit meen, cali 84.4 100 000-llu iluani NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit iluani.

Aturluku ilakellruukut, kisimi tamalkuita estadistiikat una Qanruyutet Qantaryaraq-mi iluani Amerikami-mun aturput. Nallunritelluku tamakurluku Statistiks Nutaan Qalarutiiq, qimugtaq-llit cali ellangneq allat picicqellriit qalarutellriit statistiks-llit aturluki.

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### Auqat Qepunritellria Angyaqellria (HBP) (ICD-10 I10 -mek I15)

- 2023-mi, 845 NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit (uksuq-llit meen) HBP-ngun tuquciqellriit.
- 2023-mi, uksuq iluani aturneqarluni aaqigicqellriit tuquciqellriit rate-llit HBP-ngun atam tuqucineq 31.9 100 000-llu iluani Amerikami inuit meen, cali 32.6 100 000-llu iluani Amerikami Indianguaq aq Alaskami Yuuyarat inuit iluani.

### Timim angyaqellria & Obesity

- 2021-mek 2023-mun Obesity-mi ellangneklugviit 2026-mi Statistiks Nutaan Qalarutiiq-mi ilallriit, cali ellangneklugviit racemek nunaqarpagmi irniqellruyaraq-mek aturluki tabluluq-llriit, taumi ellminek ellangellruutet iluani 2026-mi Statistiks Nutaan Qalarutiiq allriani.

### Diabetes (ICD-10 E10 -mek E14)

- 2002-mek 2018-mun ellangneklugviit, Amerikami qerrullut 20 uksuq iluani qelciqellriit inuit iluani, type 1 diabetes nutaan picicqellriit rate-a (100 000-llu iluani) Amerikami Indianguaq qerrullut-mi 7.8-llruuq, Aasiaraq aq Pasifik-mi Nunairaq qerrullut-mi 9.4, Hispanik qerrullut-mi 17.7, Qetunraq qerrullut-mi 22.1, cali Cauyaraq qerrullut-mi 26.4.
- 2002-mek 2018-mun ellangneklugviit, Amerikami qerrullut 20 uksuq iluani qelciqellriit inuit iluani, type 2 diabetes nutaan picicqellriit rate-a (100 000-llu iluani) Amerikami Indianguaq qerrullut-mi 46.0-llruuq, Aasiaraq aq Pasifik-mi Nunairaq qerrullut-mi 16.6, Hispanik qerrullut-mi 25.8, Qetunraq qerrullut-mi 50.1, cali Cauyaraq qerrullut-mi 5.2.
- 2023-mi, 1110 NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit diabetes-ngun tuquciqellriit.
- 2023-mi, 2023 uksuq iluani aturneqarluni aaqigicqellriit tuquciqellriit rate-llit diabetes-ngun atam tuquciqellriani, Amerikami inuit meen 22.4 100 000-llu iluani, cali NH Amerikami Indianguaq aq Alaskami Yuuyarat inuit-mi 41.5 100 000-llu iluani ellangellruut.

Qanruyutet qantaryaraq-llit, infograpfik-llit, cali Statistiks Nutaan Qalarutiiq nutaan ellriit qanercaraq-lluku picicqerciq uunga-mi: [Heart and Stroke Association Statistics\( Uumanek cali Qemirluni ayuqellria Aturluni Tuntussaqaq Statistiks\) | American Heart Association](#) (Website-aq Inglissuun).

Statistiks cali angyaqellriit una Qanruyutet qantaryaraq-mi picicqellriit qalarutellriit qalarutirraarluku Statistiks Nutaan Qalarutiiq dokument-ngun katumirluku, cali picicqerciq citaat aturluku una ataani allallria dokument citaat-mek. Ellangneklugviit picicqellriit tabluluq-llit aturluki ataani allallriit tamakurluku dokument-mi. Cali, atam statistiks-llit qalarutirraarlriit ellminek ellangellruutet-mek picicqellriit. Ika una qanruyutet qantaryaraq-mi statistiks-llit atam citaat-lluku, nallunritelluku tamakurluku Uumanek Ellangneq cali Qemirluni ayuqellria Statistiks dokument, ellangneklugviit picicqellriit cali piurciq citaat-llit nalruqelluki.

The American Heart Association nallunritellriaqaa tamakurluku dokument citaat-lluku una-llu qanruyutet aturluki:

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; Ilit aturluki American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee 2026 Uumanek Ellangneq cali Qemirluni ayuqellria Statistiks: Amerikami cali nunaryarmi ellangneklugviit qalarutiiq American Heart Association. *Circulation*. Internet-mi qalarutirraaq Januaari 21, 2026.

Mediya-mek nallunritellriit meen Nuutestem Mediya-llruut Piliriartait-mi picicqerciq <http://newsroom.heart.org/newsmedia/contacts> (Website-aq Inglissuun).