



American
Heart
Association.

2026 Uumanek Ellangneq & Qemirluni Ayuqellria Statistiks Nutaan Qalarutiiq Qanruyutet Qantaryaraq Angutellriit cali Uumanek cali Auqat Ellangneq Amerikami

Uumanek cali auqat Ellangneq (CVD) (ICD-10 I00 -mek I99)

- 2021-mek 2023-mun ellangneklugviit-kkun ellangqellria, angutngurrat 20 uksuq iluani qelciqellriit-mi 53.7% CVD-nek cami-llruut, cali arnat-mi 44.1%.
- 2021-mek 2023-mun ellangneklugviit-kkun ellangqellria, angutngurrat 20 uksuq iluani qelciqellriit-mi, Hispanik-gguurtellriit (NH) Qetunraq angutngurrat-mi 63.0% CVD-nek cami-llruut, Hispanik angutngurrat-mi 53.2%, NH Cauyaraq angutngurrat-mi 52.8%, cali NH Aasiaraq angutngurrat-mi 48.6%.
- 2023-mi, CVD-ngun 482 719 Amerikami angutngurrat tuquciqellriit (CVD-ngun tuquciqellriit meen 52.7%).
- 2023-mi, uksuq iluani aturneqarluni aqqigciqellriit tuquciqellriit rate-llit CVD-ngun atam tuqucineq angutngurrat-mi 263.0 100 000-llu iluani, cali arnat-mi 180.2 100 000-llu iluani.
- 2022-mi, peripheral arterial kipuqngalria aturluki aturnerqaq 55 390 picicellruut, cali makut-ken 36 355 angutngurrat-mi picicellruut. Percutaneous coronary intervention aturluki aturnerqaq picicellruut 435 895-mek, makut-ken 295 040 angutngurrat-mi picicellruut.
- 2024-mi, Amerikami uumanek ilineq-llit 4572 picicellruut, ellminek qecengun picicellria. Makut-ken, 71.8% angutngurrat-mi picicellruut.

Coronary Uumanek Ellangneq (CHD) (ICD-10 I20-mek I25-mun [ilallria Myocardial Infarction (MI) ICD-10 I21-mek I22-mun])

- 2021-mek 2023-mun ellangneklugviit-kkun ellangqellria, angutngurrat 20 uksuq iluani qelciqellriit-mi 9.9 miliyun (angutngurrat angyaqellriit meen 6.9%) CHD-nek cami-llruut; cali 5.7 miliyun angutngurrat (angutngurrat angyaqellriit meen 3.8%) myocardial infarction (MI)-mi ellangellruut.
- 2021-mek 2023-mun, angutngurrat 20 uksuq iluani qelciqellriit inuit iluani, NH Cauyaraq angutngurrat-mi 7.6% CHD-nek cami-llruut, Hispanik angutngurrat-mi 5.6%, NH Qetunraq angutngurrat-mi 5.0%, cali NH Aasiaraq angutngurrat-mi 4.4%.
- 2021-mek 2023-mun, angutngurrat 20 uksuq iluani qelciqellriit inuit iluani, NH Cauyaraq angutngurrat-mi 4.4% MI-mi ellangellruut, NH Qetunraq angutngurrat-mi 3.2%, Hispanik angutngurrat-mi 3.0%, cali NH Aasiaraq angutngurrat-mi 1.5%.
 - 2005–2014 ellangneklugviit aturluki, MI-lluku ellminek atam atauciq ellangneq ukiut angutngurrat-mi 65.6 ukiuq picicellruuq, cali arnatellriit-mi 72.0 ukiuq picicellruuq arnatellriit-mi ukiuq.
- 2023-mi, CHD-ngun atam tuqucineq 212 218 angutngurrat-mi picicellruuq (CHD-ngun tuquciqellriit meen 60.7%); cali 56 429 angutngurrat MI-ngun atam tuqucineq tuquciqellruut (MI-ngun tuquciqellriit meen 60.5%).
- 2023-mi, uksuq iluani aturneqarluni aqqigciqellriit tuquciqellriit rate-llit CHD-ngun atam tuqucineq angutngurrat-mi 113.5 100 000-llu iluani, cali arnat-mi 56.8 100 000-llu iluani.
- 2023-mi, uksuq iluani aturneqarluni aqqigciqellriit tuquciqellriit rate-llit MI-ngun atam tuqucineq angutngurrat-mi 29.5 100 000-llu iluani, cali arnat-mi 15.4 100 000-llu iluani.

Aturluku ilakellruukut, kisimi tamalkuita estadistiikat una Qanruyutet Qantaryaraq-mi iluani Amerikami aturput. Nallunritelluku tamakurluku Statistiks Nutaan Qalarutiiq, qimugtaq cali ellangneq allat picicellriit qalarutellriit statistiks-llit aturluki.

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Qemirluni ayuqellria (ICD-10 I60 -mek I69)

- 2021-mek 2023-mun, qemirluni ayuqellria picicellriit angutngurraḥ 20 uksuḥ iluani qelcicellriit-mi 4.7 miliyun-llruuḥ (angutngurraḥ meen 3.3%), cali arnat-mi 4.3 miliyun (arnat meen 2.6%).
- Angutngurraḥ 20 uksuḥ iluani qelcicellriit inuit iluani, makut qemirluni ayuqellria ellangellruut: NH Qetunraq angutngurraḥ-mi 3.9%; NH Aasiaraq angutngurraḥ-mi 3.9%; Hispanik angutngurraḥ-mi 3.5%; cali NH Cauyaraq angutngurraḥ-mi 3.5%.
- 2023-mi, qemirluni ayuqellria 70 920 angutngurraḥ tuqucicellriit (qemirluni ayuqellria tuqucicellriit meen 43.6%).
- 2023-mi, uksuḥ iluani aturneqarluni aqqigcicellriit tuqucicellriit rate-llit qemirluni ayuqellria atam tuqucineq angutngurraḥ-mi 39.3 100 000-llu iluani, cali arnat-mi 38.1 100 000-llu iluani.

Uumanek tuqucineq qepcarluni (SCA) (ICD-10 I46.0, I46.1, I46.9, I49.0)

- 2023-mi, 10 080 angutngurraḥ SCA-ngun atam tuqucineq tuqucicellriit (SCA-ngun tuqucicellriit meen 55.6%).
- 2023-mi, uksuḥ iluani aturneqarluni aqqigcicellriit tuqucicellriit rate-llit SCA-ngun atam tuqucineq angutngurraḥ-mi 5.3 100 000-llu iluani, cali arnat-mi 3.4 100 000-llu iluani.
- 2023-mi, 202 399 angutngurraḥ SCA-mek cali ellangqellria tuqucicellriit sertifikatem iluani (SCA-mek cali ellangqellria tuqucicellriit meen 53.2%).
- 2023-mi, uksuḥ iluani aturneqarluni aqqigcicellriit tuqucicellriit rate-llit SCA-mek cali ellangqellria angutngurraḥ-mi 107.9 100 000-llu iluani, cali arnat-mi 75.3 100 000-llu iluani.

Uumanek Ellangqerrlia (HF) (ICD-10 I50)

- 2021-mek 2023-mun, malunga 4.3 miliyun angutngurraḥ angyaqellriit 20 uksuḥ iluani qelcicellriit HF-nek camillruut (angutngurraḥ angyaqellriit meen 3.0%).
- 2021-mek 2023-mun, HF picicellriit angutngurraḥ 20 uksuḥ iluani qelcicellriit-mi, NH Qetunraq angutngurraḥ-mi 3.6%; NH Cauyaraq angutngurraḥ-mi 3.0%, Hispanik angutngurraḥ-mi 2.3%, cali NH Aasiaraq angutngurraḥ-mi 1.3%.
- 2023-mi, HF-ngun 43 101 angutngurraḥ tuqucicellriit (HF-ngun tuqucicellriit meen 48.0%).
- 2023-mi, uksuḥ iluani aturneqarluni aqqigcicellriit tuqucicellriit rate-llit HF-ngun atam tuqucineq angutngurraḥ-mi 24.6 100 000-llu iluani, cali arnat-mi 19.1 100 000-llu iluani.
- 2023-mi, 211 047 angutngurraḥ HF-mek cali ellangqellria tuqucicellriit sertifikatem iluani (HF-mek cali ellangqellria tuqucicellriit meen 50.5%).
- 2023-mi, uksuḥ iluani aturneqarluni aqqigcicellriit tuqucicellriit rate-llit HF-mek cali ellangqellria angutngurraḥ-mi 118.6 100 000-llu iluani, cali arnat-mi 84.9 100 000-llu iluani.

Auḡat Qepunritellria Angyaqellria (HBP) (ICD-10 I10 -mek I15)

- 2021-mek 2023-mun, 65.6 miliyun angutngurraḥ 20 uksuḥ iluani qelcicellriit HBP-nek camillruut (angutngurraḥ meen 51.6%).
- 2021-mek 2023-mun, angutngurraḥ-mi arnat-mi-pit qecengun HBP-nek camillruut uksuḥ-llit meen 74 uksuḥ iluani qelcicellriit-llu iluani. 75 uksuḥ iluani qelcicellriit-mi, arnat-mi HBP-nek camillruut percent-a angutngurraḥ-mi-pit qecengun ellangqellruuḥ.
- 2021-mek 2023-mun, angutngurraḥ 20 uksuḥ iluani qelcicellriit inuit iluani, NH Qetunraq angutngurraḥ-mi 62.3% HBP-nek camillruut, Hispanik angutngurraḥ-mi 51.5%, NH Cauyaraq angutngurraḥ-mi 50.4%, cali NH Aasiaraq angutngurraḥ-mi 47.3%.
- 2021-mek 2023-mun, HBP-nek camillruut angutngurraḥ iluani, NH Cauyaraq angutngurraḥ-mi 21.0% BP ellangqellria akqellruuḥ, NH Aasiaraq angutngurraḥ-mi 20.1%; NH Qetunraq angutngurraḥ-mi 16.9%, cali Hispanik angutngurraḥ-mi 17.6%.
- 2023-mi, HBP-ngun 64 812 angutngurraḥ tuqucicellriit (HBP-ngun tuqucicellriit meen 48.8%).
- 2023-mi, uksuḥ iluani aturneqarluni aqqigcicellriit tuqucicellriit rate-llit HBP-ngun atam tuqucineq angutngurraḥ-mi 35.5 100 000-llu iluani, cali arnat-mi 28.3 100 000-llu iluani.

Tabaakuuq cali Nicotine Aturluki Cali Ellangqellria

- 2022-mi ellangneklugviit-kkun ellangqellria, tabaakuuq aturtaat-llit ayuquenrit aturluki 12-mek 17-mun uksuq iluani qelciqellriit inuit-mi angutngurrat-mi arnat-mi-pit qecengun ellangqellruuq (8.9% vs 8.4%). 18 uksuq iluani qelciqellriit inuit-mi, ayuquenrit aturluki arnat-mi 54.5% piciqellruuq, cali angutngurrat-mi 69.9%.
- 2021-mi, 18 uksuq iluani qelciqellriit inuit iluani, angutngurrat-mi 13.1% cali arnat-mi 10.1% current smoker-llit ellangqellruut, cigarette aturluki uksuq-llit meen aani uksuq-llit mekellriit.
- 2024-mi piciqellriit-kkun ellangqellria, e-cigarette-llit qerrullut-mi Tabaakuuq-llit aturluki qecengun ellangqellruut, angutngurrat qengarpak skul irniq-llit-mi 7.8% cali arnat qengarpak skul irniq-llit-mi 7.7% e-cigarette-nek tamakurluku aturluki ellangqellruut.

Uqat Cholesterol angyaqellria & Allat Lipid-llit

- 2021-mek 2023-mun ellangneklugviit-kkun ellangqellria, 6-mek 11-mun uksuq iluani qelciqellriit meqellrit içerisinde, kolesterol tamakut cali piciryarat qalarutek 158.3 mg/dL-llruuq. Angutngurrat-mi 159.2 mg/dL-llruuq; cali arnat-mi 157.4 mg/dL-llruuq.
- 2021-mek 2023-mun ellangneklugviit-kkun ellangqellria, 12-mek 19-mun uksuq iluani qelciqellriit qerrullut iluani, kolesterol tamakut cali piciryarat qalarutek-a 154.8 mg/dL-llruuq. Angutngurrat-mi 151.9 mg/dL-llruuq; cali arnat-mi 157.9 mg/dL-llruuq.
- 2021-mek 2023-mun, inuit 20 uksuq iluani qelciqellriit iluani:
 - Angutngurrat-mi 35.0% cali arnat-mi 37.1% kolesterol tamakut cali piciryarat qalarutek-a 200 mg/dL-llu iluani qecengun cami-llruut.
 - Angutngurrat-mi 11.1% cali arnat-mi 11.3% kolesterol tamakut cali piciryarat qalarutek-a 240 mg/dL-llu iluani qecengun cami-llruut.
 - Angutngurrat-mi 21.7% cali arnat-mi 6.8% (HDL) kolesterol -mik cali piciryarat qalarutek 40 mg/dL-mek içerisinde mekellria cami-llruut.
- 2017-mek 2020-mun, inuit 20 uksuq iluani qelciqellriit iluani:
 - Angutngurrat-mi 25.6% cali arnat-mi 25.4% (LDL) kolesterol -mik cali piciryarat 130 mg/dL-llu içerisinde qecengun cami-llruut.

Timim iluani Aturluni

- 2022 cali 2023 ellangneklugviit-kkun ellangqellria, qerrullut 0-mek 17-mun uksuq iluani qelciqellriit-mi, televisiun, kamyutaar, selpuun, aani elektroniki aturneq iluani ≥ 4 h/d uksuq-llit qecengun ellangellruut—prograam-llit takulluni, game-llit ellangelluni, Intanet-mi aturluni, aani sosyal mediya aturluni (skul-mi piliriarnaq qaggunrita) —wiki-llruaq qecengun percent-a 21.5%. Percent-a angutngurrat-mi 22.2% cali arnat-mi 20.9%-llruuq.
- 2022 cali 2023 ellangneklugviit-kkun ellangqellria, qerrullut 6-mek 17-mun uksuq iluani qelciqellriit-mi, angutngurrat-mi 22.6% cali arnat-mi 16.2% ≥ 60 miniti uksuq-llit meen wiki-llu iluani ellangellruut.
- 2021-mek 2023-mun, qerrullut 12-mek 17-mun uksuq iluani qelciqellriit-mi Nukalpiarluni iluqurluni aturluki wiki-llu iluani uksuq-llit qecengun aani uksuq-llit meen ellangellruut percent-a angutngurrat-mi 44.4% cali arnat-mi 26.7%.

Timim angyaqellria & Obesity

2021-mek 2023-mun ellangneklugviit aturluki:

- Qerrullut angutngurrat 2-mek 19-mun uksuq iluani qelciqellriit-mi 23.0% Obesity-nek cami-llruut, cali qerrullut arnat-mi 19.1%.
- Angutngurrat angyaqellriit 20 uksuq iluani qelciqellriit meen, uksuq iluani aturneqarluni aqqigciqellria piciqellriit angutngurrat-mi 39.3% Obesity-nek cami-llruut, cali arnat angyaqellriit-mi 41.4%.

Diabetes (ICD-10 E10 -mek E14)

- 2021-mek 2023-mun, Amerikami inuit angyaqellriit physician-ngun diabetes diagnose-llria 29.5 miliyun iluani, 15.0 miliyun angutngurrat-llruut (angutngurrat angyaqellriit meen 11.3%); angutngurrat angyaqellriit-mi, physician-ngun diabetes diagnose-llria piciqellriit-a NH Qetunraq angutngurrat-mi 17.9%, Hispanik angutngurrat-mi 11.7%, NH Aasiaraq angutngurrat-mi 11.1%, cali NH Cauyaraq angutngurrat-mi 9.9%.
- 2021-mek 2023-mun, Amerikami inuit angyaqellriit diabetes diagnose-ngellriaq 9.6 miliyun iluani, 5.4 miliyun angutngurrat-llruut (angutngurrat angyaqellriit meen 4.1%); angutngurrat angyaqellriit meen, diabetes diagnose-ngellriaq NH Qetunraq angutngurrat-mi 5.4%, NH Aasiaraq angutngurrat-mi 4.9%, Hispanik angutngurrat-mi 4.2%, cali NH Cauyaraq angutngurrat-mi 3.7%.
- 2021-mek 2023-mun, Amerikami inuit angyaqellriit prediabetes-nek cami-llruut 96.0 miliyun iluani, 53.6 miliyun angutngurrat-llruut (angutngurrat angyaqellriit meen 42.5%); angutngurrat angyaqellriit meen, prediabetes Hispanik angutngurrat-mi 51.3%, NH Cauyaraq angutngurrat-mi 40.8%, NH Aasiaraq angutngurrat-mi 40.3%, cali NH Qetunraq angutngurrat-mi 35.2%.
- 2023-mi, diabetes-ngun 54 665 angutngurrat tuquciqellriit (diabetes-ngun tuquciqellriit meen 57.4%).
- 2023-mi, uksuq iluani aturneqarluni aaqigicqellriit tuquciqellriit rate-llit diabetes-ngun atam tuquciqellriani angutngurrat-mi 28.4 100 000-llu iluani cali arnat-mi 17.3 100 000-llu iluani ellangellruut.

Qanruyutet qantaryaraq-llit, infografik-llit, cali Statistiks Nutaan Qalarutiiq nutaan ellriit qanercaraq-lluku piciqerciq uunga-mi: [Heart and Stroke Association Statistics\(Umanek cali Qemirluni ayuqellria Aturluni Tuntussaq Statistiks\) | American Heart Association](#) (Website-aq Inglissuun).

Statistiks cali angyaqellriit una Qanruyutet qantaryaraq-mi piciqellriit qalarutellriit qalarutirraarluku Statistiks Nutaan Qalarutiiq dokument-ngun katumirluku, cali piciqerciq citaat aturluku una ataani allallria dokument citaat-mek. Ellangneklugviit piciqellriit tabluluq-llit aturluki ataani allallriit tamakurluku dokument-mi. Cali, atam statistiks-llit qalarutirraarlriit ellminek ellangellruutet-mek piciqellriit. Ika una qanruyutet qantaryaraq-mi statistiks-llit atam citaat-lluku, nallunritelluku tamakurluku Umanek Ellangneq cali Qemirluni ayuqellria Statistiks dokument, ellangneklugviit piciqellriit cali piurciq citaat-llit nalruqelluki.

The American Heart Association nallunritellriaqaa tamakurluku dokument citaat-lluku una-llu qanruyutet aturluki:

Palaniappan LP, Allen NB, Almarzoq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; llit aturluki the American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2026 Umanek Ellangneq cali Qemirluni ayuqellria Statistiks: Amerikami cali nunaryarmi ellangneklugviit qalarutiiq American Heart Association. *Circulation*. Internet-mi qalarutirraaq Januaari21, 2026.

Mediya-mek nallunritellriit meen Nuutestem Mediya-llruut Piliriartait - mi piciqerciq <http://newsroom.heart.org/newsmedia/contacts> (Website-aq Inglissuun).